



**GREATER  
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TRAINING HUB

# CPD Training for Primary Care Nurses and AHPs

## **Greater Manchester Primary Care CPD**

**2023/24**



# CPD Training for Primary Care Nurses and AHPs

## Foreword

Welcome to the Greater Manchester CPD training brochure.

Within this document you will find a wide array of training courses. The courses in question are a direct result of a GM wide training needs analysis that was conducted earlier on in the year. The TNA garnered over 500 votes from the GM primary care workforce and led to us booking the forthcoming training modules.

In conjunction with GM locality leads, Greater Manchester Training Hub has listened to its primary care workforce and are proud to bring you training subjects from accredited and well-evaluated providers.



# CPD Training for Primary Care Nurses and AHPs

## Eligibility

- **GPN/Primary Care Nurse**
- **Nurses** (Adult, Children, Learning & Development)
- **Nurse Associates**
- **ANPs**
- **Paramedics**
- **Physios**
- **AHPs** (Art Therapists, Drama Therapists, Music Therapists, Chiropodists/Podiatrists, Dietitians, Occupational Therapists, Operating Department Practitioners, Orthoptists, Osteopaths, Prosthetists and Orthotists, Radiographers, Speech and Language Therapists)

Each eligible member of our primary care workforce are entitled to a total of £333 a year towards their professional development.

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# CPD Training for Primary Care Nurses and AHPs

## Cardiometabolism – Primary Care Respiratory Training Centre

### Course Aims:

Influence and change your diabetes practice in relation to the diagnosis, assessment and management of Type 2 Diabetes (and its known cardiovascular consequences) by increasing your knowledge and practical skills.

For further information, [click here](#)

### Session Dates:

One course comprises of six sessions. All training will be delivered virtually, and you must be available to attend all the following dates:

**11/01/2024** 2pm to 4pm

**08/02/2024** 2pm to 4pm

**07/03/2024** 2pm to 4pm

**11/04/2024** 2pm to 4pm

**09/05/2024** 2pm to 4pm

**06/06/2024** 2pm to 4pm

To book onto this course, please contact your locality workforce lead.

# CPD Training for Primary Care Nurses and AHPs

## **COPD – Primary Care Respiratory Training Centre**

### **Course Aims:**

Influence and change your respiratory practice in relation to the diagnosis, assessment and management of COPD by increasing your knowledge and practical skills

### **Session Dates:**

One course comprises of four sessions. All training will be delivered virtually, and you must be available to attend all the following dates:

**10/01/2024** 2pm to 4pm  
**07/02/2024** 2pm to 4pm  
**06/03/2024** 2pm to 4pm  
**10/04/2024** 2pm to 4pm

To book onto this course, please contact your locality workforce lead.



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# CPD Training for Primary Care Nurses and AHPs

## Adult Asthma – Primary Care Respiratory Training Centre

The Asthma in Adults Course will help you to gain a solid understanding of the diagnosis, assessment and management of asthma. You will gain an understanding of the critical importance of accurate clinical history taking and will learn how to carry out a detailed adult asthma patient review. You will learn how to analyse data collected at review in such a way as to define current level of disease control and predict the future risk of adverse outcomes.

You will gain an understanding of national and international asthma guideline recommendations and will recognise potential barriers to the successful implementation of these guidelines. You will also be able to construct and implement a Personal Asthma Action Plan (PAAP).

You will be able to evaluate inhaler technique, recognise ineffective techniques and match the patient to a device that they can use effectively and without critical error.

### Session Dates

One course comprises of four sessions. All training will be delivered virtually, and you must be available to attend all the following dates:

**23/01/2024** 2pm to 4pm

**27/02/2024** 2pm to 4pm

**19/03/2024** 2pm to 4pm

**16/04/2024** 2pm to 4pm

**For further information, please follow link below**

<https://www.pcrtc.co.uk/adult-asthma/>

To book onto this course, please contact your locality workforce lead.



# CPD Training for Primary Care Nurses and AHPs

## Paediatric Asthma – Primary Care Respiratory Training Centre

The Paediatric Asthma Course will help you to gain a solid understanding of the diagnosis, assessment and management of asthma in children. You will gain an understanding of the critical importance of accurate clinical history taking and will learn how to carry out a detailed paediatric asthma patient review. You will learn how to analyse data collected at review in such a way as to define current level of disease control and predict the future risk of adverse outcomes.

You will gain an understanding of national and international paediatric asthma guideline recommendations and will recognise potential barriers to the successful implementation of these guidelines. You will also be able to construct and implement a Personal Asthma Action Plan (PAAP). You will be able to evaluate inhaler technique, recognise ineffective techniques and match the child to a device that they can use effectively and without critical error.

### Session Dates:

One course comprises of four sessions. All training will be delivered virtually, and you must be available to attend all the following dates:

#### Cohort 1

**17/01/2024** 2pm to 4pm

**21/02/2024** 2pm to 4pm

**20/03/2024** 2pm to 4pm

**24/04/2024** 2pm to 4pm

#### Cohort 2

**08/05/2024** 2pm to 4pm

**29/05/2024** 2pm to 4pm

**26/06/2024** 2pm to 4pm

**17/07/2024** 2pm to 4pm

To book onto this course, please contact your  
locality workforce lead.



# CPD Training for Primary Care Nurses and AHPs

## Immunisation Update – Infection Matters

### What we will cover:

- Revision on training requirements, where to find immunisation information/get queries answered.
- Update on vaccine storage, legislation relevant to vaccination and correct administration
- Any changes to vaccine recommendations or national policy, new resources

### Course Dates:

All training will be delivered virtually

**13 February 2024:** 9:30 am to 1 pm

**15 February 2024:** 1:30 pm to 5 pm

**29 February 2024:** 9:30 am to 1 pm

**5 March 2024:** 9:30 am to 1 pm

**20 March 2024:** 1:30 pm to 5 pm

To book onto this course, please contact your locality workforce lead.

# CPD Training for Primary Care Nurses and AHPs

## Mental Health Study Day – Et al training

### Course details:

This course will help you know more about mental health and ill health. We will talk about the issues that people find it hard to open up about such as suicidal feelings and self-harm.

We will look at common mental health problems and the key features, what to look out for and how to recognise them. Importantly, we will equip you with ways of asking about and speaking to patients about mental health that mean that will reduce those common anxieties such as 'opening a can of worms' or 'making things worse'.

**When:** Tuesday 16 January, 9am to 4pm

**Where:** Online, live and interactive Study Day

**Computer access with a camera and microphone is essential and we suggest accessing from home.**

To book onto this course, please contact your locality workforce lead.

**For further information, please follow link below**

<https://www.etaltraining.co.uk/mental-health>



# CPD Training for Primary Care Nurses and AHPs

## Motivational Interviewing – Et al training

### Course details:

If you spend your life explaining what your service users should, could, must or need to do then this is the course for you.

Motivational interviewing is a style of communication that uses a guiding/reflective style to engage with people, clarify their strengths and aspirations, and utilise their own motivations for change, and promote independence of decision making.

### What's the result?

- Gain an overview of an effective alternative to trying to be persuade people to change their behaviour.
- Gain an appreciation of how people can use their own motivations and find their solutions for behaviour change.
- Tune our listening from “to be understood.” into “listening to understand”.
- Discover how questions, reflections, affirmations and summaries can be used to facilitate a more effective conversation about behaviour change.
- Observe how reflective listening can help when people’s emotions are running high.

For further information, please follow link below

<https://www.etaltraining.co.uk/motivational-interviewing>

**When:** Tuesday 14 May, 9am to 4pm

**Where:** Online, live and interactive  
Study Day

**Computer access with a camera and microphone is essential and we suggest accessing from home.**

To book onto this course, please contact your locality workforce lead.

## Stroke Management & Prevention in Primary Care. Focus on Atrial Fibrillation – Et al training

**At the end of the day delegates will have an appreciation of:**

- The impact of Stroke and the implications of TIA.
- The impact of stroke in atrial fibrillation.
- The importance of effective thromboprophylaxis for those at risk.
- The normal clotting process and what may go wrong.
- The benefits and limitations of pharmacological and non-pharmacological interventions available for prevention & treatment.

**When:** Friday 19 April, 9am till 5pm

**Where:** Online, live and interactive  
Study Day

**Computer access with a camera and microphone is essential and we suggest accessing from home.**

For further information, [click here](#)

To book onto this course, please contact your locality workforce lead.

# CPD Training for Primary Care Nurses and AHPs

## Heart Failure Study Day for Primary Care – Et al training

**By the end of the day, you will understand:**

- The practice population at risk of developing heart failure
- The impact of heart failure on the individual and wider practice population
- The importance of effective management for those with heart failure
- The benefits and monitoring of pharmacological interventions available for treatment
- The rationale behind the Current Clinical Guidelines for the diagnosis and management of heart failure in primary care

**When:** Thursday 6 June, 9am till 4pm

**Where:** Online, live and interactive Study Day

**Computer access with a camera and microphone is essential and we suggest accessing from home.**

For further information, [click here](#)

To book onto this course, please contact your locality workforce lead.

## Travel Health Update – Jane Chiodini

This session is suitable for Practice Nurses whose role involves administering travel vaccinations or advising on travel health as part of their clinical practice.

### Course Aim:

This course aims to update the knowledge and skills of Health Care Professionals around travel health and vaccinations. It will specifically focus on:

- The Travel Health Risk Assessment including Yellow Fever Risk Assessment
- Malaria
- Malaria Prophylaxis
- Mosquito Borne Disease
- What's new

### Learning Objectives:

Upon successful completion of the course, delegates will be able to:

- Perform a thorough travel health risk assessment
- Understand where to find up-to-date information and guidelines on travel-related topics such as malaria, travel vaccines and outbreaks
- Understand the health promotion aspect of the travel health consultation

### Course Dates:

All learning will be online. The course comprises 8 hours of learning, but you will have 4 weeks in which to complete it.

Coupons to access the course material are available through your locality leads at the time of signing up.

To book onto this course, please contact your locality workforce lead.



# CPD Training for Primary Care Nurses and AHPs

## New to Travel Health – Louise Carbutt (Travel Health Specialist Nurse)

This training is for anybody who hasn't had training or needs a basic understanding of travel health. This one-day course provides current information about travel health and gives an insight into the role and skills required to deliver a travel health programme safely.

### This session will include:

- The Travel Health Risk Assessment including; Yellow Fever Risk Assessment
- Risk Assessment Group Work
- Vaccines NHS or Private
- Mosquito Borne Disease
- Child Travellers
- Malaria
- Malaria Prophylaxis
- Travel Resources

### Course Dates:

Sessions will be face-to-face.

**When:** Thursday 18 January, 9.30am to 4pm

**Where:** Sunshine House, Wigan

**When:** Thursday 25 April, 9.30am to 4pm

**Where:** Oldham Golf Club, Oldham

To book any of the session dates, please contact your locality workforce lead.





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# CPD Training for Primary Care Nurses and AHPs

## Leading in Primary Care – Christopher Lewis

### Prerequisites:

Prior to the training, all delegates will have completed the SDI® 2.0, and the 'Leadership Styles' questionnaire. These will be sent out 2 weeks prior to the course date.

### During the 2-day Face to Face training, we will:

- Explore the concept of leadership and the qualities of an effective leader
- Explore and develop your understanding of the Strength Deployment Inventory (SDI®), within a leadership context, developing your authentic leadership style and behaviours.
- Using the SDI®, appraise your own and others behavioural styles and values
- Explore effective leadership communication and motivation techniques
- Explore a variety of leadership models to help support effective leadership development
- Explore Transactional Analysis theory and how leaders think, feel, and behave in their team interactions and apply new strategies to manage team/interpersonal conflict.
- Explore leadership challenges within Primary Care and how they can be led more effectively.

### Course Dates:

The two-day face-to-face training will take place on the following dates:

**When:** Tuesday 6<sup>th</sup> February and Wednesday 7<sup>th</sup> February 2024. 09:00 - 16:30

**Where:** 99 King Street. Bolton. BL4 7AX.

**When:** Wednesday 8<sup>th</sup> May and Thursday 9<sup>th</sup> May 2024. 09:00 - 16:30

**Where:** Friends' Meeting House, Manchester. M2 5NS

To book onto this course, please contact your locality workforce lead.





# CPD Training for Primary Care Nurses and AHPs

## Minor Illness – M&K Update

The established and very popular conveniently packaged course, which is delivered by clinical experts who have up-to-date working knowledge and skills. The course is aimed at nurses but will also appeal to allied health professionals.

### Content:

- Taking a clinical history: communication skills, record keeping.
- Documentation and record keeping; certification (NHS and private)
- Evidence-based practice
- Legal and professional responsibilities
- How to conduct a physical examination
- Recognising common presentations
- Upper respiratory tract: colds & flu, cough, sore throat, fever, nose bleeds
- Eyes and ears
- Skin infections: rashes, wounds, bites and stings, lesions, parasites, allergy
- Head, neck and back: headache, head injury, pain, mouth and dental problems
- Abdomen: pain, diarrhoea and vomiting, indigestion, constipation
- Gynaecology: vaginal discharge, pain, menstrual problems, contraception
- Mental health: depression, anxiety, phobia

### Course Aims:

- To equip the practitioner with history taking and clinical examination skills to deal with a wide range of minor illness conditions.
- Explore current best practice and provide the theoretical underpinning for a range of commonly encountered conditions.

To book onto this course,  
please contact your locality  
workforce lead.

### The three-day face-to-face training will take place on:

**26/03/2024, 27/03/2024 & 28/03/2024:** 9am to 4 pm – Friends' Meeting House, Manchester.

**16/04/2024, 17/04/2024 & 18/04/2024:** 9am to 4 pm – St. Peters Pavilion, Wigan.

**16/07/2024, 17/07/2024 & 18/07/2024:** 9am to 4 pm – Oldham Golf Club, Oldham.

**01/10/2024, 02/10/2024 & 03/10/2024:** 9am to 4 pm – Fusilier Museum, Bury.

**15/10/2024, 16/10/2024 & 17/10/2024:** 9am to 4pm – Stockport Cricket Club.

# CPD Training for Primary Care Nurses and AHPs

## Understanding Blood Results – M&K Update

Early recognition of abnormalities can avert potential life threatening or at least harmful situations. This well established and respected two-day course allows the candidate a chance to fully understand routine haematology and biochemistry results.

### Course Aims:

- Routine full blood count results
- Clinical physiology of the haematological system
- Routine biochemistry tests and electrolyte and water homeostasis
- Physiology of liver and cardiac enzymes
- Clinical implications of results

### Content:

- Full blood count; parameters of the full blood count
- Haemoglobin and erythrocyte physiology; ESR, INR
- Clinical examples workshop
- Patterns in anaemia
- Differential white cell count
- Clinical biochemistry
- Clinical electrolyte and water homeostasis
- Hypo and hypernatremia
- Potassium homeostasis
- Liver function tests
- Thyroid function tests
- Clinical case studies

### The two-day face-to-face training will take place on:

**01/02/2024 and 02/02/2024:** 9am to 4pm – The Life Centre, Sale.

**13/03/2024 and 14/03/2024:** 9am to 4pm – Oldham Golf Club, Oldham.

**30/04/2024 and 01/05/2024:** 9am to 4pm – 1881 Lounge, Urmston.

**15/05/2024 and 16/05/2024:** 9am to 4pm - Stockport Cricket Club, Stockport.

**11/06/2024 and 12/06/2024:** 9am to 4pm - Walkden Gateway, Worsley.

**19/06/2024 and 20/06/2024:** 9am to 4pm – Friends' Meeting House, Manchester.

**03/07/2024 and 04/07/2024:** 9am to 4pm - The Birch Hotel, Heywood.

**10/07/2024 and 11/07/2024:** 9am to 4pm - Dukinfield Town Hall, Dukinfield.

To book onto this course, please contact your locality workforce lead.



# CPD Training for Primary Care Nurses and AHPs

## Gynaecology Assessment & Examination – M&K Update

This evidence-based two-day comprehensive workshop aims to develop clinical knowledge and examination skills of nurses working in primary care. The course covers all the commonly presenting gynaecological conditions.

### Content:

- Commonly presenting conditions discussed: menstrual disorders, abdominal vaginal bleeding, pelvic pain.
- Genital prolapse and insertion of supporting vaginal pessaries.
- Menopausal problems and associated treatments.
- Vaginal discharge.
- Problems in early pregnancy.
- Commonly presenting cancers of the female genital tract.
- Abnormal smears and colposcopy.
- Disorders of the vulva.
- Update on contraception.
- Clinical skills.
- Legal and professional considerations.

### Course Aims:

- Develop a comprehensive understanding of common gynaecological conditions and their management.
- Develop clinical examination skills of the female genital tract.
- Anticipate and understand appropriate investigation and treatment of presenting conditions.

### The two-day face-to-face training will take place on:

**23/01/2024 and 24/01/2024:** 9am to 4pm – Friends' Meeting House, Manchester.

**27/02/2024 and 28/02/2024:** 9am to 4pm – The Birch Hotel, Heywood.

**23/04/2024 and 24/04/2024:** 9am to 4pm - The Life Centre, Sale.

**25/06/2024 and 26/06/2024:** 9am to 4pm - Dukinfield Town Hall, Dukinfield.

To book onto this course, please contact your locality workforce lead.

# CPD Training for Primary Care Nurses and AHPs

## Men's Health - Ricky Staniland

### Topics covered:

- Introduction to male health - statistics and prevalence
- Recognising signs and symptoms suggestive of cancer, specifically prostate including its primary care management
- Erectile dysfunction
- Sexual health update
- Additional hot topics

### Session Dates:

*All sessions will take place virtually  
via Teams*

**31/01/2024** 09:30 – 12:30

**14/02/2024** 09:30 – 12:30

**22/05/2024** 09:30 – 12:30

**05/06/2024** 09:30 – 12:30

**11/09/2024** 09:30 – 12:30

To book onto this course, please  
contact your locality workforce lead.





# CPD Training for Primary Care Nurses and AHPs

## CRASH

### Course details:

The unit addresses contraception, sexual health issues and public health.

It focuses on client choice and collaborative working with the client group including public health practitioners and other agencies and organisations

### Topics will include *(Not exhaustive)*:

- Current policy and strategy
- Anatomy and physiology
- The reproductive cycle
- Methods of contraception including LARCS
- Health protection
- Promotion and education
- Client self-management
- Young people
- Legal and ethical issues

**Course Lead:** Dr Ruth Thomas  
(Senior Lecturer)

**Course Dates:** 15 to 19 January  
2024 (5 full days face to face)

**Location:** Manchester  
Metropolitan University

# CPD Training for Primary Care Nurses and AHPs



## British Sign Language

Signs for Life are hosting a British Sign Language session to teach delegates how to properly communicate with people who are deaf or hard of hearing. The correct training will allow for the deaf community to have greater access to appropriate healthcare.

### Deaf awareness and sign language workshop

- Identify the barriers that deaf and hard-of-hearing people face
- List the ways in which deaf and hard-of-hearing people communicate
- Understand and demonstrate positive methods of communication
- Apply the finger-spelling alphabet
- Explore the deaf community and deaf culture

### Session Dates

**23/04/2024** 1pm to 4pm

To book onto this course, please contact your locality workforce lead.





# CPD Training for Primary Care Nurses and AHPs

## Virtual Women's Health

This half day course will provide information on women's health concerns commonly presenting in primary care including how to manage and when to refer. This day of education is relevant for any primary care healthcare professional who is interested in learning more about women's health.

### The learning outcomes are to:

- Understand the menstrual cycle.
- Be able to recognise the common causes of 'bleeding' problems and gain an understanding of the relevant investigations and management in primary care.
- Understand the causes of polycystic ovary syndrome and fertility problems, the investigations and support to be offered and when referral is indicated.
- Be able to support women with urinary incontinence by recognising the causes, supporting with lifestyle advice, and knowing when to refer.
- Appreciate the various types of prolapse and ways to manage in primary care.
- Understand the 5 different gynae cancers including appreciating risk factors, how they present, and referral recommendations and pathways.

### Dates available:

Thursday 9 May – 9.30am to 12.30pm

Tuesday 24 September – 9.30am to 12.30pm

To book onto this course, please contact your locality workforce lead.



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# CPD Training for Primary Care Nurses and AHPs

## Virtual Contraception and Sexual Health Foundation Course

This course will introduce contraception and sexual health in primary care. This day of education is relevant for any primary care healthcare professional who is interested in learning more about women's health and has limited experience.

### The learning outcomes are to:

- Understand the contraceptive options available.
- Appreciate the risks and benefits of each of the contraceptive options.
- Be able to support women in their choice of contraception.
- Be able to undertake a pregnancy risk assessment.
- Be able to undertake a repeat contraception appointment.
- Gain an understanding of starting and switching contraceptive methods.
- Appreciate the need for emergency contraception and the recommendations of each option.
- Understand the common infections, sexually transmitted and non-sexually transmitted.
- Know where to signpost for further information and where/when to refer.

### Dates available:

Tuesday 30 April: 9.30am to 12.30pm

Thursday 12 September: 9.30am to 12.30pm

To book onto this course, please contact your locality workforce lead.



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# CPD Training for Primary Care Nurses and AHPs

## Virtual Introduction to Menopause

This course will introduce menopause and its management in primary care. This day of education is relevant for any primary care healthcare professional who is interested in learning more about women's health and has limited experience.

### The learning outcomes are to:

- Understand the physiology of the menopause.
- Appreciate the symptoms and concerns women experience during their perimenopause.
- Be able to support women who are wanting advice about management of their peri-menopause.
- Understand the role of hormone replacement therapy (HRT) and the various options available.
- Be able to undertake a repeat HRT appointment.
- Provide lifestyle advice to optimise health and wellbeing of post-menopausal women.
- Know where to signpost for further information and where/when to refer.

### Dates available:

Tuesday 16 April: 9.30am to 12.30pm

Thursday 5 September: 9.30am to 12.30pm

To book onto this course, please contact your locality workforce lead.

## Autonomous CPD

The aforementioned is not an exhaustive list of CPD. For anyone who wants to apply for training that is outside of the GM CPD offerings, please contact your locality lead who will be able to facilitate your request.

Contact details - PTO



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# CPD Training for Primary Care Nurses and AHPs

## CPD Locality Teams

**Bury** – Katie Heselwood and Lisa Lucas

*Contact Details*

[katie.heselwood@nhs.net](mailto:katie.heselwood@nhs.net)

[lisa.lucas2@nhs.net](mailto:lisa.lucas2@nhs.net)

**HMR** – Dawn O’Brien and Samantha Austin

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[samantha.austin9@nhs.net](mailto:samantha.austin9@nhs.net)

**Manchester** – Alison Morgan, Kirsty Roberts and Catherine Whitrow

*Contact Details*

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**Oldham** – Tariq Sharf

*Contact Details*

[tariqsharf@nhs.net](mailto:tariqsharf@nhs.net)

**Salford** – Moira Ogunsakin

*Contact Details*

[mogunsakin@nhs.net](mailto:mogunsakin@nhs.net)

**Stockport** – Maria Murphy and Helen Leonard

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**Tameside** – Gill Pilkington

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**Trafford** – Henrietta Bottomley

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[henrietta.bottomley@nhs.net](mailto:henrietta.bottomley@nhs.net)

**Wigan** – Anne Burgess and Liz Wise

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[liz.wise@wiganboroughccg.nhs.uk](mailto:liz.wise@wiganboroughccg.nhs.uk)



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