

LEVEL 3

MENTAL HEALTH, BRAIN INJURY & SENSORY LOSS

with



About this course

This course helps learners to gain a solid understanding of acquired brain injuries, how to maintain mental well-being and prevent mental health challenges. Learners will develop skills to improve collaboration among colleagues to create a supportive work environment, explore factors affecting mental well-being and learn strategies to promote mental health actively. An insight into various forms of sensory loss and their impact will be explored, and practical skills for adapting communication to support individuals with sensory loss. This training has been made possible thanks to Greater Manchester Combined Authority securing funding through the UKSPF fund.

What are the units/modules involved?

- Core Module: Promoting Effective Communication in Care Settings
- Module 1: Understand Mental Well-Being and Mental Health Promotion
- Module 2: Understand Mental Health Problems.
- Module 3: Understand The Impact of Acquired Brain Injury on Individuals
- Module 4 Understand Sensory Loss

How will the course be delivered?

It will be delivered online with face-to-face observations.

How long does the course take?

It will take around 15 weeks to complete.

Who is eligible for this course?

- Learners must either live OR work within Greater Manchester
- Learners must be employed and actively involved in a care service.
- Do not currently possess a Level 3 Diploma in Adult Care.
- Learners should ideally have a minimum of Level 2 in Literacy and Numeracy or equivalent
- Learner must be aged 16 or above

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TRAINING

What are the benefits?

- Learn to communicate clearly and respectfully in care settings for efficient teamwork and high-quality care.
- Explore factors affecting mental well-being and learn strategies to promote positive mental health actively.
- Understand how to maintain mental well-being and prevent mental health challenges.
- Gain knowledge in common mental health problems and recognising symptoms in individuals.
- Learn empathetic support strategies for those facing mental health issues.
- Learners will gain a comprehensive understanding of acquired brain injuries and their effects.
- Gain practical skills for adapting communication to support individuals with sensory loss.

How will learning be assessed?

The qualification assessment revolves around the completion of a comprehensive portfolio of evidence to showcase understanding, competence and skills in practice. The portfolio may include assignments, workbooks, and documentation from onsite practical observations, allowing learners to demonstrate their evidence effectively.

What are the progression routes available?

On successful completion of this qualification, learners may wish to continue their development by undertaking one of the following qualifications:

- Highfield Level 3 Diploma in Care (RQF)
- Highfield Level 4 Certificate in Principles of Leadership and Management in Adult Care (RQF)
- Highfield Level 4 Diploma in Care (RQF)

Why learn with Acorn Training?

We are an award-winning training provider renowned for our diversity and inclusion values and have recently been awarded a 'Good' rating in our first full Ofsted Inspection. We deliver flexible learning with an experienced and dedicated Acorn Training trainer. We work together with care employers and employees to create tailored training to ensure that they are well-equipped to deliver high-quality care.

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