

Resources

Dental Playbox <http://www.actionforsickchildren.org/dental-playbox-background/>

Mini Mouth Care Matters <https://mouthcarematters.hee.nhs.uk/about-the-programme/children/>

Eat Well NHS <https://www.nhs.uk/live-well/eat-well/eight-tips-for-healthy-eating/>

PHE Start4Life (Breastfeeding & Weaning) <https://campaignresources.phe.gov.uk/resources/campaigns/2-start4life/overview>

PHE Campaign Resource Centre <https://campaignresources.phe.gov.uk/resources/>

Eat better, start better <https://www.foundationyears.org.uk/wp-content/uploads/2017/11/Eat-Better-Start-Better1.pdf>

Change for Life School Zone- Lesson Plans <https://campaignresources.phe.gov.uk/schools/resources/keeping-our-teeth-healthy-lesson-plans>

Oldham Supervised Toothbrushing Programme for Early Years <https://www.youtube.com/watch?v=Y0hZVxWEE4>

Oral Health Foundation: Dental Buddy <http://www.dentalbuddy.org/>

Colgate: Bright Smiles, Bright Futures <https://www.colgate.com/en-gb/bright-smiles-bright-futures>

GULP (Give Up Loving Pop) <http://www.giveuplovingpop.org.uk/free-downloadable-resources/>

Save Kids from Sugar (Liverpool City Council) <https://savekidsfromsugar.co.uk/>

Change for Life: Food Facts inc food scanner app <https://www.nhs.uk/change4life/food-facts>

Food Active <http://www.foodactive.org.uk/>

Sugar Smart <https://www.sugarsmartuk.org/>

Brush DJ <https://www.brushdj.com/>